

Career Construction Counselling Using Early Recollections

**Presented by the Department of
Educational Psychology, University
of Pretoria**

16 August 2023

Given the dramatic changes in the world of work and careers, and the impact of technological advances impelled by the Fourth Industrial Revolution, a more up-to-date approach is needed to enable career counsellors and their clients to respond adequately to new developments in careers, career choice, and career execution. The workshop in **Career Construction Counselling Using Early Recollections** will equip you with the skills to integrate the twin processes of self- and of career construction and thus help people connect what they know about themselves consciously with what they are aware of subconsciously.

Workshop content

This one-day workshop – based on the work of Mark Savickas – focuses on promoting best practice in career counselling theory and practice and discusses the importance of reflecting and reflexivity as integral aspects of 21st century career counselling.

The workshop further demonstrates the ways in which Savickas' Career Construction Interview (CCI) can be used with or without other auxiliary career counselling techniques and strategies to facilitate career (construction) counselling. The aim is to help people connect what they know about themselves consciously with what they are aware of subconsciously.

Learning outcomes

After successfully completing the course, you will be able to

- understand the theory of self- and career construction counselling,
- apply practically the ideas of self- and career construction counselling,
- apply the Career Construction Interview (CCI) (emphasizing the three earliest recollections technique), and
- help clients obtain a clear sense of identity and career identity (who they are), connect their career-life themes, and advise themselves on career-life decisions.

Who should enrol?

This workshop is ideal for you if you are a psychologist, psychometrist, registered counsellor, or intern-psychologist.

Workshop fees

R5060.00 per delegate (VAT incl.)

Workshop fees include all course materials and refreshments during the day.

Delegates are required to purchase and read the following book before attending the workshop: Maree, J. G. (2020). *Innovating counselling for self- and career construction: Connecting conscious knowledge with subconscious insight*. Springer.

Admission requirements

Prospective delegates should at least have relevant experience as psychologists, psychometrists, registered counsellors, or intern-psychologists in their respective work environments.

Shifting knowledge to insight



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Accreditation and certification

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Delegates who successfully complete the workshop can apply for a maximum of 6 general CEUs (Level 1 attendance) and 1 ethical CEU (Level 1 attendance).

Registration and enquiries

Client Information Centre

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Course leader

Prof. Kobus Maree

Department of Educational Psychology



Prof. Jacobus Gideon Maree is an educational psychologist and a Professor in the Department of Educational Psychology at the University of Pretoria. He holds Doctoral Degrees in Education (Career counselling), Mathematics Education, and Psychology. He has received multiple awards for his work and has a B1 rating from the National Research Foundation. A fellow of PsySSA and the IAAP, he has authored over 90 peer-reviewed articles and 75 books/ book chapters on career counselling, research, and related topics since 2010. In the same period, he supervised 38 Doctoral theses and Master's dissertations and read keynote papers at over 30 international conferences.

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