



7 Habits of Highly Effective Students

Presented by the Department of Accounting, University of Pretoria together with Franklin Covey

The 7 Habits is the world's best-known personal-leadership framework, synthesising key principles of personal and interpersonal effectiveness.

7 Habits of Highly Effective Students is a high-impact student success course that benefits and sustains students at university and beyond.

This instructor-led course delivers a powerful blended learning experience designed to:

- Enhance student engagement.
- Improve persistence.
- Strengthen student learning.
- Increase retention and completion rates.

In addition, the course provides students with the skills, tools, and mindsets they need to succeed in a global and ever-changing marketplace.

Built on the foundation of Stephen R. Covey's global bestselling book *The 7 Habits of Highly Effective People*, this student success curriculum was authored by Sean Covey and eight other leading academic experts.

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Course content

SELF-MANAGEMENT

- **Habit 1:** Be Proactive® *I am responsible for my education and life.*
- **Habit 2:** Begin With the End in Mind® *I have a plan for what I want to accomplish.*
- **Habit 3:** Put First Things First® *I do the most important things first.*

INTERPERSONAL SKILLS AND TEAMWORK

- **Habit 4:** Think Win-Win® *I am considerate of others, but I also have the courage to stand up for myself.*
- **Habit 5:** Seek First to Understand, Then to Be Understood® *I hear people out before expressing my own opinion.*
- **Habit 6:** Synergise® *I value the strengths of other people and combine them with my own to solve problems.*
- **Habit 7:** Sharpen the Saw® *I regularly recharge my body, heart, mind, and spirit so I can stay sharp and improve myself.*

Learning outcomes

The 7 Habits student success curriculum was created with student transformation as its key outcome—an experience that students would look back on and say *“the principles I learned in this class made all the difference.”*

Students should be able to demonstrate behaviour changes with improved results in:

- Self-management,
- Interpersonal skills and teamwork, and
- Wellness

Who should enrol?

This course is ideal for you if you are a first or second year student at the University of Pretoria

Course fees

R2 200.00 per delegate (VAT incl.)

Course fees include all course material.

Course fees must be paid in full 14 days prior to course start dates. Proof of payment can be submitted to enrolments@enterprises.up.ac.za.

Accreditation and certification

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Registration and enquiries

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Shifting knowledge to insight

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